

- 1 18 October 2018
- 2 EMA/CHMP/763438/2017
- 3 Committee for Medicinal Products for Human Use (CHMP)
- 4 Paediatric Addendum on the guidelines on clinical
- 5 investigation of medicinal products for the treatment and
- 6 prophylaxis of venous thromboembolic disease
- 7 Draft

Draft consulted with PDCO	January and April 2018
Draft agreed by the CVS Working Party	3 May 2018
Adopted by CHMP for release for consultation	18 October 2018
Start of public consultation	23 November 2018
End of consultation (deadline for comments)	30 June 2019

Comments should be provided using this <u>template</u>. The completed comments form should be sent to CVSWPSecretariat@ema.europa.eu

10

Keywords	Venous thromboembolism, treatment, prophylaxis, major bleeding,	
	guidelines, anticoagulant, CHMP, paediatric addendum, extrapolation	



- 12 Paediatric Addendum on the guidelines on clinical
- investigation of medicinal products for the treatment and
- prophylaxis of venous thromboembolic disease

Table of contents

15

16	Executive summary	3
17	1. Introduction (background)	
18	2. Scope	4
19	3. Legal basis and relevant guidelines	4
20	4. Efficacy evaluation	4
21	4.1. Primary endpoint	
22	4.2. Secondary endpoints	
23	5. Patient selection	7
24	6. Clinical trials strategy & design	8
25	6.1. Human Pharmacology studies (Pharmacokinetic/Pharmacodynamic [PK/PD])	8
26	6.2. Exploratory Therapeutic studies	9
27	6.3. Confirmatory Therapeutic studies	
28	7. Evaluation of safety	11
29	Definitions of acronyms	11
30	References	12

32 Executive summary

- 33 This is an addendum to the Guideline on clinical investigation of medicinal products for the treatment
- 34 of venous thromboembolic disease (EMA/CHMP/41230/2015) [1] and the two guidelines for
- 35 prophylaxis of venous thromboembolism (VTE) in surgical (EMA/CHMP/325170/2012 Rev.2) [2] and
- 36 non-surgical (EMA/CPMP/EWP/6235/04 Rev. 1) [3] adult patients, and should be read in conjunction
- 37 with these guidelines. This addendum includes guidance on paediatric clinical medicine development,
- 38 highlighting paediatric specific issues and differences from the treatment and prophylaxis of venous
- 39 thromboembolism in adults.

40

1. Introduction (background)

- 41 VTE is a rare disease in children, with an incidence that is approximately 100 times lower than in
- 42 adults, but represents a significant management dilemma that requires therapeutic intervention.
- 43 The distribution of VTE events in paediatric patients is bimodal with the majority of events occurring in
- 44 neonates and infants [4,5] and in adolescents [6]. In contrast to VTE in adults, VTE in children is rarely
- 45 truly idiopathic in nature [7]. Approximately ≥90% of children with VTE have a serious underlying
- 46 disorder [e.g.: cancer, congenital heart disease (CHD), nephrotic syndrome, etc.], a precipitation
- 47 factor [central venous catheter (CVC), infection, trauma or surgery], or a hereditary pro-thrombotic
- 48 condition. Apart from better awareness for VTE, the widely observed increase in childhood VTE is
- 49 mainly due to the medical progress in the treatment and/or interventions of critically ill children. In
- adolescents, VTE is generally associated to the use of hormonal contraception (HC) for contraceptive
- and non-contraceptive indications [6].
- 52 The typical location of VTE in neonates and infants differs from that in adults and adolescents. In
- 53 neonates and young children, VTE occurs more often (60%) in the upper venous system (vs. only 2%
- in adults). This reflects the common placement of CVC (the most frequent precipitating factor of VTE in
- 55 children) via the internal jugular or subclavian veins. The location of the clots results in fewer classic
- 56 VTE symptoms (e.g., unilateral limb swelling) and also may impair the effective/precise diagnosis with
- 57 standard measures [i.e. compression ultrasound (CUS) cannot be performed in this location]. Loss of
- 58 catheter patency and loss of central venous access have important consequences in children with
- 59 cancer and other serious medical conditions [7].
- 60 PK and PD in children may differ from that in adults. On the one hand, due to physiological differences
- in absorption, distribution and metabolism, children may require different proportional doses than
- 62 adults according to body weight or body-mass index (BMI) to achieve the same level of anticoagulation
- 63 [8]. On the other hand, hemostasis is a dynamic process that is age dependent and continues
- throughout life. Coagulation factors are produced by the fetal liver by 10 weeks of age. The age-
- dependent differences in the coagulation system are most significant in neonates and infants aged < 6
- 66 months [9]. At birth, the plasma levels of the vitamin-K-dependent coagulation proteins (factor II, VII,
- 67 IX, and X) are half of the adult values and remain approximately 15% lower throughout childhood.
- 68 Current recommended therapeutic regimens for VTE in children are largely based upon case series and
- 69 cohort studies, and are otherwise extrapolated from adult VTE data. The majority of the
- 70 recommendations for dosing in children are based on a moderate level of evidence. The current
- 71 standard of care for the treatment of VTE in children is unfractionated heparin (UFH) or low molecular
- 72 weight heparin (LMWH) administered for 5-7 days followed by (at least) three months of LMWH or oral
- anticoagulation with a vitamin K antagonist (VKA) [10,11]. In the absence of large randomized
- 74 controlled trials, and with much of our current understanding of PK extrapolated from adult studies,
- 75 ideal dosing for anticoagulation in critically ill neonates remains uncertain.

76 **2. Scope**

82

104

- 77 The focus of this paediatric addendum is on clinical investigation of treatment and prophylaxis of VTE
- in neonates (first month), infants (1 month to <2 years), children (2 to <12 years) and adolescents
- 79 (12 to <18 years). The need for suitable endpoints and imaging techniques adapted according to the
- 80 localisation of VTE in children, specific methodological issues of clinical trials in children with VTE and
- 81 the possibility to extrapolate efficacy and safety from data in adults is discussed.

3. Legal basis and relevant guidelines

- 83 This is an addendum to the Guidelines on Clinical Investigation of Medicinal Products in the treatment
- 84 and prophylaxis of VTE (EMA/CHMP/41230/2015; EMA/CHMP/325170/2012 Rev.2;
- 85 EMA/CPMP/EWP/6235/04 Rev. 1). It should be read in conjunction with the introduction and general
- principles of the Annex I to Directive 2001/83/EC as amended.
- 87 All pertinent elements outlined in the current and future EU and ICH guidelines and regulations should
- also be taken into account especially the following:
- ICH E11, Clinical investigation of medicinal products in the paediatric population (CPMP/ICH/2711/99);
- Guideline on the investigation of medicinal products in the term and preterm neonate (EMEA/267484/2007);
- Reflection paper on the use of extrapolation in the development of medicines for paediatrics. EMA/199678/2016. London, 9 October 2017)
- Role of pharmacokinetics in the development of medicinal products in the paediatric population (EMEA/CHMP/EWP/147013/2004/Corr);
- Clinical trials in small populations (CHMP/EWP/83561/2005);
- Guideline on pharmaceutical development of medicines for paediatric use
 (EMA/CHMP/QWP/805880/2012 Rev. 2);
- Ethical considerations for clinical trials on medical products conducted with the paediatric population: Recommendations of the ad hoc group for the development of implementing guidelines for Directive 2001/20/EC relating to good clinical practice in the conduct of clinical trials on medicinal products for human use 2008.

4. Efficacy evaluation

- While it may not feasible to perform studies in children of different age cohorts that are powered to
- provide statistically significant results for efficacy, EMA provides guidance that if there is sufficient
- 107 similarity between children and adults (European Commission Guideline on the format and content of
- 108 applications for agreement or modification of a paediatric investigation plan and requests for waivers
- or deferrals and concerning the operation of the compliance check and on criteria for assessing
- 110 significant studies (2014/C 338/01)) extrapolations of efficacy and safety data from adults (source
- 111 population) to children (target population) could be used. The adequacy of extrapolating clinical
- 112 efficacy and safety data from adults to children or from one pediatric subgroup to another, as well as
- the extent of this extrapolation, will depend on knowledge about the disease, understanding of the
- clinical pharmacology of the drug as well as the reliability of the results in the source population (i.e.
- adults or pediatric subgroups with available efficacy and safety results)[12].

- 116 Disease related aspects include the characteristics of VTE in neonates and young children (e.g. natural
- 117 course of the disease, VTE localization and risk factors) should be considered when planning and
- 118 conducting paediatric studies in VTE. All relevant data should be systematically reviewed to identify
- potential differences between characteristics of the source and target populations e.g. body size, age
- and maturation, drug exposure (PK) and their relation to pharmacodynamic response (PD) and clinical
- efficacy [12]. It is also important to consider factors related to the susceptibility to adverse reactions,
- mainly bleeding events (e.g. maturation of organs and systems, body mass and morphology changes,
- immaturity in preterm neonates and long term effects). Aspects related to the investigational
- treatment (e.g.: dose regimens, duration of therapy, monitoring requirements, possibility of
- establishing therapeutic ranges, factors influencing dose-response relationships, side effects, and the
- impact of general anesthesia and non-pharmacologic interventions) should also be considered.
- 127 As similarities between younger children and adults in clinical factors for VTE, course and response to
- 128 VTE treatment are not entirely straightforward, an extrapolation of efficacy and safety data from adults
- only based on similar exposure and PD data is not supported, and some extent of efficacy and safety
- data in children are needed. Existing data in an indication already approved in adults (e.g.: treatment
- and secondary prevention of DVT/PE) could, however, complement the results of the paediatric studies
- and further support the use in children based on the totality of the data without requesting a study
- powered to test a formal statistical hypothesis in children.
- 134 The efficacy of antithrombotic treatment or prophylaxis in paediatric VTE can be evaluated in clinical
- trials using combined VTE endpoints documented by objective methods. Irrespectively of the diagnostic
- 136 imaging technique used for documenting the events, it is recommended that all primary events
- 137 occurring during the trials are blindly adjudicated by an Independent Adjudication Committee, whose
- members are experts in the field of thrombosis imaging.

4.1. Primary endpoint

- The primary efficacy endpoint in treatment or prophylaxis trials in children, should be as broad as
- possible to capture all VTE events (i.e.: including symptomatic and asymptomatic events), in
- 142 consistency with exploratory trials in adults [1-3]. Therefore, a composite endpoint is recommended as
- 143 follows:

139

- Objectively documented symptomatic and asymptomatic DVT and PE.
- VTE-related or all-cause death during the treatment.

146 **Definition of primary events:**

- DVT and PE can be newly diagnosed (in case of primary prophylaxis, or after acute VTE if it occurs in a
- 148 different localisation than the primary index VTE event) or recurrent VTE (if it occurs after acute VTE in
- the same localisation than the primary index VTE event).
- 150 The following definitions of primary events according to the imaging technique used are acceptable:
- Suspected (newly diagnosed or recurrent) DVT may be confirmed in the presence of at least one
- of the following findings [10]*:
- Abnormal compression ultrasound (CUS) where compression had been normal or, if non compressible during screening, a substantial increase in diameter of the thrombus during full
- 155 compression;
- An extension of an intraluminal filling defect, or a new intraluminal filling defect or an extension of non-visualization of veins in the presence of a sudden cut-off on venography;

- An extension of an intraluminal filling defect, or a new intraluminal filling defect on computed omography angiography (CTA) or magnetic resonance angiography (MRA).
- Suspected (newly diagnosed or recurrent) PE may be confirmed in the presence of at least one of the following findings [13]:*
- A (new) intraluminal filling defect in segmental or more proximal branches on CTA or MRA;
- A (new) intraluminal filling defect or an extension of an existing defect or a new sudden cut-off of vessels on the pulmonary angiogram;
- A high-probability result on ventilation-perfusion lung scanning (VPLS);
- Inconclusive sCT, pulmonary angiography, or VPLS with demonstration of DVT in the lower
 extremity.
- *Diagnosis of symptomatic (newly diagnosed or recurrent) DVT or PE based solely on clinical signs and symptoms is discouraged. The number of such episodes, especially if leading to changed or renewed therapy, must, however, be noted and accommodated for in the analyses.
- 171 VTE-related or all-cause death: VTE-related death is normally defined as a death due to PE 172 documented by objective imaging testing or autopsy, or a sudden death in which PE cannot be ruled 173 out. VTE-related death may represent the efficacy of the experimental drug more accurately than all-174 cause death. However, given that in contemporary practice autopsies are rarely performed, most deaths adjudicated as VTE-related will correspond to the latter category (i.e.: conservative diagnosis 175 176 due to impossibility to document fatal VTE or other causes of sudden death). All-cause death offers the 177 advantages of being less prone to bias and to comprise also deaths that can be directly or indirectly 178 related to anticoagulation (e.g.: fatal bleedings or deaths due to VTE after treatment has been stopped 179 due to bleeding). However, death rates after a VTE in children may be higher than the rate of recurrent 180 VTE depending on the underlying disease/s (e.g.: children with underlying cancer), which could result 181 in dilution of the drug effect, thus trending to the null hypothesis of no differences between 182 treatments.
- Although both endpoints have pros and cons, it is generally recommended to include VTE-related death, rather than all-cause mortality, as a part of the primary efficacy endpoint. This choice does not prevent from including the composite of recurrent VTE plus all-cause death as a secondary endpoint.
- 186 Deterioration in thrombotic burden (phase II trials): In dose-finding clinical trials in the 187 treatment of VTE in adults, deterioration in thrombotic burden (i.e.: comparison between baseline and 188 end of treatment using imaging techniques) may be a part of the primary endpoint, as it can be 189 considered a treatment failure (i.e.: asymptomatic recurrence). However, thrombus burden definitions 190 available in adults [11,14] have not been validated in children, which prevents for inclusion as part of 191 the primary endpoint in confirmatory trials. Anyway, lack of vessel patency and persistent thrombus 192 assessed during and after treatment may be used as a composite secondary exploratory endpoint, as 193 these events have been associated with poor long term outcomes and post-thrombotic syndrome in 194 adults and pediatric thrombosis.
 - Imaging methods for assessment: The imaging technology applied is driven by the location of the venous thrombosis. Extremity venous thrombosis will in most children be documented by compression ultrasound (CUS), and less frequently by conventional venography. Central DVT and PE will in most children be documented by contrast enhanced magnetic resonance imaging (MRA) or compute angiography (CTA). PE will less commonly be diagnosed in children by ventilation-perfusion lung scan/scintigraphy (VPLS) or catheter-directed pulmonary angiography.

196

197

198

199

- 201 The available literature, though not unanimous, suggests similar sensitivity and specificity of both MRA
- and CTA techniques for the diagnosis of thromboembolic entities in the central venous system.
- 203 Comparative studies of adequate power and design, especially in the paediatric population, are
- 204 missing. The advantages of MRA over CTA in the assessment of the pulmonary vasculature, are lack of
- 205 ionizing radiation, time-resolved imaging for perfusion, and lack of iodinated contrast material.
- 206 Different study centres prefer different techniques for reasons of availability, cost or experience.
- However, it is considered unacceptable to expose children to any radiation in a clinical trial when there
- is an alternative at hand. Therefore, MRA assessments only are recommended.

209 Time-points for assessment:

- 210 In the treatment of acute VTE and/or extended treatment (secondary prophylaxis), time-points for
- assessment should include at least baseline and end of treatment, or earlier if patient experiences
- 212 symptoms of recurrent VTE or new VTE. In case of trials for prophylaxis of CVC-associated thrombosis,
- 213 VTE has to be radiographically determined if symptoms develop (expected in only 6-10% of cases) or,
- 214 if patients are asymptomatic, at 1 month from catheter placement and when catheter is removed or
- 215 lost, or at 1 year, whichever is shorter.

4.2. Secondary endpoints

- 217 Main secondary efficacy endpoints of interest comprise the individual components of the composite
- endpoint as well as deaths, like in adults (EMA/CHMP/41230/2015; EMA/CHMP/325170/2012 Rev.2;
- 219 EMA/CPMP/EWP/6235/04 Rev. 1). Long-term consequences of DVT (e.g.: post-thrombotic
- 220 syndrome/sequelae) [12], or PE (e.g.: thromboembolic pulmonary hypertension) are also of interest,
- as they impact on quality of life and lead to complications.
- 222 It is strongly encouraged that phase III studies continue to collect PK and PD parameters from children
- of different ages to allow for investigation of PK/PD relationship (see also section 6.1 about clinical
- 224 pharmacology studies).

216

225

5. Patient selection

- 226 The varied aetiology of paediatric VTE offers opportunities for inclusion of patients with diverse set of
- 227 characteristics, but heterogeneity of the study population may be an issue. It is recommended that
- 228 inclusion and exclusion criteria are well defined in order to have a predictable composition of subjects
- and an easily identifiable target population in need for antithrombotic treatment against VTE.
- 230 Demographic characteristics to be collected should also be well defined to identify risk factors for VTE
- 231 (e.g.: cancer, congenital heart disease, trauma, thrombophilic condition, etc.) as well as concomitant
- treatments (e.g.: thrombogenic anti-cancer medications, HC in female adolescents) that could result in
- different VTE rates and/or treatment effects. In children on chemotherapy, it is recommended to
- 234 stratify the randomization according to expected or actual asparaginase chemotherapy, when
- administered, as this is considered a major prothrombotic risk factor.
- 236 An adequate representation of paediatric patients of different age ranges is necessary, unless
- 237 scientifically justified (e.g.: condition not present in a specific age range, not expected benefit,
- 238 identified harm, etc). In particular, it is of importance to study paediatric patients < 2 yrs due to
- 239 differences in underlying aetiologies and thrombus location, as well as a not fully matured
- coagulation/fibrinolysis system. The challenges of including neonates into anticoagulation studies, such
- as concerns for central nervous system bleeding, are significant. A cautious approach could be the
- 242 exclusion of neonates from the proposed study and the initiation of a study in newborns once
- 243 paediatric data become available. Adolescents would be generally enrolled in dedicated paediatric

- 244 efficacy/safety studies. Another potential alternatives could be toinclude them in adult trials or even to
- 245 extrapolate from adults if a comparable dose could be established from PK/PD data in adolescents and
- the cause of the VTE is comparable to causes found in adults (e.g.: VTE due to hormonal
- 247 contraception).

266

267

- 248 Several conditions could be considered to be appropriate targets for studying anticoagulant
- 249 prophylaxis, like CVC-related thrombosis, perioperative and periprocedural anticoagulation (e.g.:
- 250 cardiac catheterism, cardiac surgery), inmmobilisation due to trauma, etc. However, given the
- 251 frequency of CVC-related VTEs, a specific clinical trial is feasible and would potentially have a
- meaningful clinical impact [9]. In thromboprophylaxis trials in children with indwelling CVCs, in whom
- the need for thromboprophylaxis is not yet well defined, the population under investigation should be
- restricted to patients with a CVC in the upper central venous system, while excluding peripherally
- 255 placed CVCs as well as those inserted into the femoral vein. The incidence of CVC-related VTEs may
- depend on the nature of the underlying condition, e.g. cancer, trauma, surgery, congenital heart
- disease. Furthermore, standard of care is likely to vary in different geographical regions, therefore data
- 258 on background therapy should be provided. Further stratification for baseline VTE-risk is
- 259 recommended. The same is true for the type of catheter and place of insertion. There are several
- 260 mechanisms by which CVCs can cause VTEs, including thrombogenic catheter materials, irritation of
- the vessel wall, restriction of blood flow due to catheter size, location of insertion site, etc. As the
- benefit-risk of anticoagulation may differ across different prophylactic settings (i.e.: indwelling CVCs,
- 263 surgical patients, immobilisation due to trauma, etc.), the results obtained in a specific setting are
- unlikely to be extrapolated to all other situations.

6. Clinical trials strategy & design

6.1. Human Pharmacology studies (Pharmacokinetic/Pharmacodynamic [PK/PD])

- A difference in the PK between the adults and children (e.g.: decreased absorption, higher or lower
- 269 clearance), or different PD that impacts the dosing strategies is anticipated from the evidence available
- with traditional anticoagulants (e.g.: warfarin, LMWHs). As a result, existing pop-PK model in adults
- 271 may unreliably predict the doses needed in children. Therefore, at least one PK study in children will be
- 272 needed to build a pop-PK model in children above and below 6 years following a step-wise approach
- 273 (starting with the older children). The challenges of including neonates into anticoagulation studies has
- already been addressed in section 5. The influence of intrinsic (impaired renal or hepatic function) and
- extrinsic factors (concomitant drugs altering haemostasis) that could be frequent and/or relevant in
- the studied population should also be considered.
- 277 With respect to PD, it may be first investigated in an *ex vivo* coagulation test to confirm whether the
- compound has no age-related effect on coagulation times or plasma anticoagulant activity markers. In
- case of products already approved for use in adults, an adult physiologically-based pharmacokinetic
- 280 model (PBPK) may be adapted to children through a paediatric scaling approach. The model should be
- 281 further qualified by comparison with the paediatric data available. Based on the PBPK approach, the
- dose per kg body weight and even the administration interval may differ per weight group to
- accommodate for physiological characteristics (e.g.: differences in Cmax, C_{min}, AUC, etc due to
- differences in clearance and/or absorption). Dosing based on body weight (BW) only is recommended if
- 285 no relevant differences are found compared with dosing based on body surface area (BSA), and
- appears acceptable and a simple method to prevent dosing errors.
- 287 With respect to PK/PD relationship, suitable PD markers should be those identified in the adult
- populations. Depending on specific compounds, these markers may comprise coagulation times [e.g.:

289 prothrombin time (PT), activated partial thromboplastin time (aPTT), ecarin clotting time (ECT), diluted 290 thrombin time (dTT), or anticoagulant activity (e.g.: anti-Xa activity)], that may be coupled with 291 imaging surrogate endpoints (e.g.: change in thrombus burden, presence/absence of asymptomatic 292 DVT). It is expected that the measurement of the anticoagulant activity (e.g.: anti-Xa assay for direct 293 FXa inhibitors or any other specific assay according to the drug's mechanism of action) is based on 294 tests already validated. As for PK, the influence of intrinsic and extrinsic factors on PD should also be 295 considered. Finally, there is likely to be a necessity to develop special paediatric formulations as 296 appropriate for different age groups, and taking into account the intended route of administration 297 (Guideline on pharmaceutical development of medicines for paediatric use 298 EMA/CHMP/QWP/805880/2012 Rev. 2). If the product is to be administered orally, the use of a liquid 299 formulation is preferred, as it is easy to swallow and together with the delivered liquid dosing device 300 the formulation ensures a flexible, precise and accurate dosing. The choice for a suspension 301 formulation may also be accepted if appropriately justified (e.g.: poor solubility of the active 302 ingredient/s). Comparable absorption of the new formulation versus other existing formulations of the 303 medicinal product, children's acceptability and measuring devices are to be established. Of equal 304 importance is to develop appropriate paediatric formulations if the product is to be administered 305 parenterally (e.g.: lower concentrations adapted to children, graduated syringes or other

6.2. Exploratory Therapeutic studies

administration devices adapted for paediatric use) or by other routes.

306

307

308

309

310

311

312

313

314

315

316

317

318

319

320

321

322

323

324

325

326

327

328

329

330

Exploratory studies are expected to function as dose finding studies for confirmatory trials and could be placebo controlled where feasible. In addition to selecting a dosing regimen of the experimental drug that is effective and safe, these studies could also provide additional information, e.g. proof of concept, safety, comparability to adults and data to support population selection. The use of placebo could be feasible when there is clinical equipoise about starting/continuing anticoagulation versus not starting/stopping anticoagulation, either in extended prophylaxis after acute VTE, where the exact duration is unknown, in primary prophylaxis when antithrombotic prophylaxis is not well established, or even in the treatment of asymptomatic VTE, if appropriately justified. The use of placebo would be considered unethical in the treatment of symptomatic VTE. It may be possible to derive dose information from adult studies and phase I PK studies in children using exposure response analyses and modelling, but specific dose titration studies may be required to document the safety, PK/PD in children requiring high anticoagulant doses, like those with acute VTE. In phase II trials in children with acute VTE is encouraged to follow a stepwise approach starting with adolescents and older children (6-18 years), followed by younger children (6 months to 6 years) and neonates due to safety reasons. The use of BSA rather than BW adjusted dosing may be adequate in clinical trials in children considering the fact that rapid changes in weight due to altered fluid load and/or nutritional status is frequent in this special population. The use of half the dose in mg/m² found efficacious and safe in adults in a prophylactic indication as an initial dose and subsequent titration until the target range is achieved, is acceptable. Analysis of pre-specified PD biomarkers is recommended. Robust markers (e.g.: anti Xa-activity, in vivo thrombin generation) are preferred to less sensitive and unspecific traditional markers of coagulation. The choice will ultimately depend on the drug mechanism of action and on the PD markers identified in the adult population.

6.3. Confirmatory Therapeutic studies

It is recognised that large randomised clinical trials may not be feasible in paediatric VTE to evaluate the benefit risk of all medicinal products intended for use in this clinical condition when the difficulties in performing clinical investigations are taken into account. Therefore, paediatric developments need to build on information on safety and efficacy of the medicinal product from the adult population. There is

- a need to maximise the information gathered from all other types of studies (including exploratory and
- 336 PK studies conducted across groups). With the expectation that limited efficacy and safety clinical data
- 337 will be available at the time of completion of the phase III trial/s, study designs should also focus on
- the collection of PK/PD data. Such data may also indicate the need for monitoring in this vulnerable
- 339 population.
- When discussing the design of confirmatory studies, it is important to distinguish between the initial
- treatment of VTE (usually 3-6 months), extended treatment (secondary prevention of recurrence) of
- 342 VTE (once the initial treatment has finished), and primary thromboprophylaxis in high risk children, like
- 343 those with indwelling CVCs.
- Use of an appropriate comparator according to the best standard of care (e.g.: LMWH, vitamin K
- antagonists) will be generally mandatory for comparative clinical trials in the initial treatment of acute
- 346 VTE in children. In situations where the prophylactic use of anticoagulation is not well established in
- children, an add-on design to the best standard of care (e.g.: nursing care of indwelling CVCs,
- mechanical thromboprophylaxis, early mobilisation in children developmentally able to walk, etc) in
- both the active and placebo group is recommended.
- **a) Initial treatment of VTE:** It is difficult to endorse a particular sample size in the treatment of
- acute VTE on the basis of the information currently available. A minimum patient number per age
- group in the phase III program is necessary to generate efficacy and safety data, which will be
- 353 generally agreed in the paediatric investigation plan (PIP). The number of children recruited is
- 354 expected to be low and comparative trials in the treatment of VTE versus standard of care will normally
- not be focussing on formal hypothesis testing of non-inferiority or superiority due to lack of statistical
- 356 power, but rather on descriptive analyses. The results can be supported by efficacy and safety data
- 357 from adults, provided that PK/PD studies in children have identified a proper dose in children to
- 358 achieve a similar effect on PD endopoints as in adults (see also the start of section 4 about
- 359 extrapolation). The sponsors are advised to consider analysis methods that capitalise on all available
- data, for example using statistical modelling (see CHMP Guideline on clinical trials in small populations:
- 361 CHMP/EWP/83561/2005).

- 362 **b) Secondary prevention of VTE:** for secondary prevention, an extension of the study for the initial
- 363 treatment of VTE (from month 3 until month 6-12) is preferred, but inclusion in a separate study may
- also be acceptable. Controlled data on a sufficient number of patients at high risk for recurrent VTE,
- 365 should be presented. If the intended indication is chronic/indefinite use, safety data extending beyond
- the period of 1 year should be presented. Similar trends in the treatment effect have to be shown
- 367 across different age subgroups (i.e.: infants, children and adolescents), to support an extension of the
- indication to the whole paediatric population (see also the start of section 4 about extrapolation).
 - c) Prevention of VTE in children at risk of VTE, including those with indwelling CVCs:
- 370 Currently, there are no medicinal products approved for prevention of VTE in adult patients with CVCs
- and evidence from clinical trials is scarce and inconsistent. Therefore, extrapolation to children is not
- possible nowadays (see also the start of section 4 about extrapolation), and proof of concept in
- 373 children needs to be established. It is difficult to anticipate an appropriate sample size to show
- 374 superiority versus placebo due to little knowledge on the expected rate of primary events, drop-out
- 375 rate and the treatment effect versus placebo in this population. The study duration should closely
- 376 mirror the lifetime of the catheter. On the other hand, from an analysis point of view, in the situation
- of individually differing observation periods, the investigation of the primary endpoint should not be
- 378 solely based on incidences. The risk of developing an event will clearly depend on the individual
- 379 observation period, i.e. the lifetime of the catheter. Therefore, investigation of incidences at fixed time
- points and also time-to-event analyses will contribute to the establishment of the treatment benefits.

- 381 The exact wording of the label can only be decided after submission and assessment of the trial
- 382 outcome data.

7. Evaluation of safety

- 384 Safety evaluation in paediatric VTE is expected to be generally similar to adults (i.e.: focused on major
- and clinically relevant non-major bleeding, as well as in related parameters, like blood tests that may
- 386 indicate blood loss) [1-3].
- 387 Additional safety parameters (or endpoints) that are important in children include growth retardation,
- bone density or delays in neuro-motor and neurocognitive development.

389 **Definitions of acronyms**

- 390 BSA: body surface area;
- 391 BW: body weight;
- 392 CUS: compression ultrasound;
- 393 CHD: congenital heart disease;
- 394 CTA: computed tomography angiography;
- 395 CVC: central venous catheter;
- 396 DVT: deep vein thrombosis;
- 397 HC: hormonal contraception;
- 398 mSv: milisievert;
- 399 LMWH: low-molecular-weight heparin;
- 400 MRA: magnetic resonance angiography;
- 401 PBPK: physiologically-based pharmacokinetic model;
- 402 PD: pharmacodynamics;
- 403 PE: pulmonary embolism:
- 404 PIP: paediatric investigation plan;
- 405 PK: pharmacokinetics;
- 406 UFH: unfractionated heparin;
- 407 VKA: vitamin K antagonist;
- 408 VPLS: ventilation-perfusion lung scan/scintigraphy.

References

- Committee for Medicinal Products for Human Use (CHMP). Guideline on clinical investigation of
 medicinal products for the treatment of venous thromboembolic disease. EMA/CHMP/41230/2015.
- 412 London, 25 February 2016.
- 2. Committee for Medicinal Products for Human Use (CHMP). Guideline on clinical investigation of medicinal products for prevention of venous thromboembolism (VTE) in patients undergoing high
- VTE-risk surgery. EMA/CHMP/325170/2012 (former CPMP/EWP/707/98 Rev. 2 corr). London, 30
- 416 May 2013.
- 3. Committee for Medicinal Products for Human Use (CHMP). Guideline on clinical investigation of medicinal products for prevention of venous thromboembolism (VTE) in non-surgical patients
- 419 (formerly CPMP/EWP/6235/04). EMA/CPMP/EWP/6235/04 Rev. 1. London, 10 November 2016.
- 4. Chalmers EA. Epidemiology of venous thromboembolism in neonates and children. Thromb 421 Res. 2006:118:3-12.
- 422 5. Amankwah EK, Atchison CM, Arlikar S, et al. Risk factors for hospital-associated venous thromboembolism in the neonatal intensive care unit. Thromb Res. 2014;134:305-9.
- 424 6. Woods GM, Kerlin BA, O'Brien SH, et al. A review of hormonal contraception and venous 425 thromboembolism in adolescents. J Pediatr Adolesc Gynecol. 2016; 29:402-8.
- 7. Kerlin BA. Current and future management of pediatric venous thromboembolism. Am J Hematol. 2012;87(Suppl.1): S68-74.
- 8. Monagle P, Chan AK, Goldenberg NA, et al. Antithrombotic therapy in neonates and children:
- 429 Antithrombotic Therapy and Prevention of Thrombosis, 9th ed: American College of Chest
- Physicians Evidence-Based Clinical Practice Guidelines. Chest. 2012;141(2 Suppl):e737S-801S.
- 9. Male C, Monagle P, Chan AK, et al. Recommendations for the development of new anticoagulant
- drugs for pediatric use: communication from the SSC of the ISTH. J Thromb Haemost.
- 433 2015; 13: 481-4.
- 10. Chalmers E, Ganesen V, Liesner R, et al. Guideline on the investigation, management and prevention of venous thrombosis in children. Br J Haematol. 2011;154:196-207.
- 436 11. Agnelli G, Gallus A, Goldhaber SZ, et al. Treatment of proximal deep-vein thrombosis with the oral
- 437 direct factor Xa inhibitor rivaroxaban (BAY 59-7939): the ODIXa-DVT (Oral Direct Factor Xa
- 438 Inhibitor BAY 59-7939 in Patients With Acute Symptomatic Deep-Vein Thrombosis) study.
- 439 Circulation. 2007; 116: 180-7.
- 12. Rajpurkar M, Sharathkumar A, Williams S, et al. Recommendations for the assessment of non-
- 441 extremity venous thromboembolism outcomes: communication from the SSC of the ISTH. J
- 442 Thromb Haemost. 2015; 13: 477-80.
- 13. Thacker PG, Lee EY. Pulmonary embolism in children. AJR Am J Roentgenol. 2015;204:1278-88.
- 14. Piazza G, Mani V, Goldhaber SZ, et al. Magnetic resonance venography to assess thrombus
- resolution with edoxaban monotherapy versus parenteral anticoagulation/warfarin for symptomatic
- deep vein thrombosis: A multicenter feasibility study. Vasc Med. 2016; 21:361-8.
- 15. Committee for Medicinal Products for Human Use (CHMP). Reflection paper on the use of extrapolation in the development of medicines for paediatrics. EMA/199678/2016. London, 9
- 449 October 2017).