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Guideline on quality of oral modified release products 4

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7 This guideline together with the Guideline on Quality of Transdermal Patches replaces Note for Guidance

- 8 on Modified Release products: A: Oral dosage Forms B: Transdermal Dosage Forms. Part I (Quality).
- 9

Comments should be provided using this *template*. The completed comments form should be sent to gwp@ema.europa.eu

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Keyword

Oral dosage form, modified release

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11 Guideline on quality of oral modified release products

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35 **1. Introduction**

36 1.1. Preamble

- 37 Pharmaceutical dosage forms may be developed in which the rate and/or place of release of active
- 38 substance(s) has in some way been modified compared with conventional release formulations. Such
- 39 modifications may have a number of objectives, such as maintaining therapeutic activity for an extended
- 40 time, reducing toxic effects, protecting the active substance against degradation due to low pH, targeting
- 41 the active substance to a predefined segment of the gastrointestinal tract for local treatment or targeting
- 42 active substance release at specified time-points.
- 43 This section I document covers the various parts of the application for Marketing Authorization related to
- 44 quality and should be read in conjunction with section II of this NfG relating to clinical aspects.
- 45 Furthermore, it is clear that this NfG cross-references to other quality guidelines and to official
- 46 compendia.
- 47 For clear definitions on the terminology used to describe different types of release models and other48 definitions, reference is made to Annex I.

49 **1.2. Scope**

- 50 This NfG concerns quality aspects, especially pharmaceutical development and *in vitro* testing, of dosage
- 51 forms in which the release of active substance is modified. This guideline only covers delayed release oral
- 52 dosage forms with the principle of gastro-resistance and prolonged release oral dosage forms. Pulsatile
- 53 and accelerated release dosage forms are not covered by the current guideline. Delayed release dosage
- 54 forms with other principles, including those designed to release in a specific area of the gastrointestinal 55 tract in response to a specific trigger (e.g. enzymes) or at specific time(s) after ingestion are not
- 55 tract in response to a specific trigger (e.g. enzymes) or at specific time(s) after ingestion are not
- 56 specifically addressed.
- 57 Many principles discussed under paragraph 2 with respect to prolonged release oral dosage forms will be 58 relevant to other modified release dosage forms intended for oral administration or via other routes.

59 2. Prolonged release oral dosage forms

60 2.1. Development pharmaceutics

61 2.1.1. General remarks

- 62 The quality of a prolonged release dosage form is continuously improved during the development of a new
- 63 drug product. The choice of the composition is normally made early in the development based on
- 64 small-scale batches and takes into account physicochemical properties of the drug substance, stability
- and drug absorption characteristics throughout the gastrointestinal tract. As soon as the constituents are
- 66 chosen, gradual scaling up of the manufacturing process will start. During this period it is reasonable to
- 67 expect that adjustments will be necessary to reach full-scale production. These adjustments might be
- 68 changes in composition, manufacturing processes, equipment or manufacturing site.
- 69 In some cases these adjustments may have an effect on the properties of the drug product. It is therefore
- 70 recommended that an *in vitro* dissolution test is developed which is able to detect changes which may
- 71 have an effect on the efficacy or safety of the product.

- Pharmaceutical development should establish the link from pharmacokinetic parameters through *in vivo* drug release to *in vitro* dissolution rate.
- 74 The formulation chosen in early development should be tested under different dissolution conditions to
- 75 determine its sensitivity/robustness to the expected physiological environment after administration. The
- 76 discriminatory power of the test conditions chosen for routine control may be determined by comparison
- 77 of the *in vitro* dissolution data and the bioavailability data of the different formulations. If a Level A *in*
- 78 *vivo-in vitro* correlation (IVIVC) is established, the dissolution test after proper validation can be used
- as a qualifying control method with *in vivo* relevance, while in the absence of a Level A IVIVC the
- 80 dissolution test can be used only as a quality control method.
- 81 After completed scale-up it is reasonable to compare the laboratory/pilot scale batches with the full
- 82 production scale batches in a bioavailability study if the scale-up factor exceeds 10 (compared to the
- 83 laboratory/pilot scale biobatch) in order to verify that the dissolution test conditions chosen are
- 84 appropriate for the release of clinical materials, scale-up and manufacture (see also 2.1.3. and 2.1.4 and 85 2.1.5)
- 85 2.1.5).

86 2.1.2. Therapeutic objectives and principle of the release system

- 87 The therapeutic objectives and rationale of the prolonged release product should be provided.
- 88 Pharmacokinetic (e.g. AUC, C_{max}, T_{max}, t1/2) and physico-chemical characteristics of the active substance
- 89 (e.g. solubility at different pH, partition coefficient, particle size, polymorphism) relevant to the
- 90 development of the product should be given. Detailed information on the release controlling excipient(s)
- 91 should be given. Reference is made to the guidelines on pharmaceutical development.
- 92 The following characteristics of the prolonged release system should be described:
- the manner in which prolonged release is intended to be achieved (membrane type, matrix, etc.);
- the release mechanism and kinetics (diffusion, erosion, osmosis, etc. or a combination of these);
- 95 the system format e.g. single non-disintegrating unit, disintegrating tablet/capsule containing
 96 multiple-units of pellets, etc.
- 97 It should be demonstrated that the prolonged release product maintains its drug release characteristics 98 regardless of relevant variability in physiological conditions. Examples of such variability include gastric 99 and intestinal transit time, food effect, pathological gastrointestinal fluid composition and concurrent 100 alcoholic intake, if and where relevant.
- 101 In general, prolonged release oral dosage forms should not have a score line because subdivision or other
- 102 manipulation of modified release products may adversely affect the modified release properties of the
- 103 dosage form, possibly leading to dose dumping. Any recommendation on subdivision of a modified release
- 104 dosage form should be supported by scientific justification that the subdivision does not affect the
- 105 modified release characteristics, including *in vitro* and/or *in vivo* data as appropriate.

106 **2.1.3. Development of dissolution methods**

- 107 The release rate should be tested *in vitro* by a dissolution test method. The development of a suitable 108 dissolution test method should be based on the physicochemical *in vitro* and *in vivo* characteristics of the
- 109 active ingredient and the drug product considering the mechanism of release.
- 110 This *in vitro* dissolution test must be capable of:
- discriminating between batches with respect to critical manufacturing variables which may have an
 impact on the desired bioavailability;

- testing for batch to batch consistency of pivotal clinical, bioavailability and routine production batches;
- determining stability of the relevant release characteristics of the product over the proposed shelf life
 and storage conditions.
- 116 The prolonged release formulation should therefore be tested *in vitro* under various conditions (media, pH
- 117 (normally pH range 1-7.5; in cases where it is considered necessary pH 1-8), apparatus, agitation, etc.).
- 118 Testing conditions, including sampling timepoints and frequency providing the most suitable
- 119 discrimination should be chosen.
- 120 If media with a low buffering capacity are used, the pH should be controlled during the dissolution test to
- 121 be sure that there is no influence of dissolved active ingredient and/or excipients on the dissolution
- 122 conditions during the test period.
- 123 If a surfactant is used in the dissolution medium, the amount needed should be justified. The choice of the 124 surfactant should be discussed and its consistent batch to batch quality should be ensured.
- 125 The inclusion of enzymes in the media is acceptable, and even encouraged, when justified (e.g., colonic
- 126 delivery). If enzymes are added to the dissolution media, a rationale should be given for the type and
- 127 concentration of enzymes added. Further, consistency of the batch to batch quality of the enzymes should
- 128 $\,$ be ensured including activity (IU/mg or IU/ml) or concentration (mg/ml) as appropriate. Note that the
- 129 enzyme concentration of the SGF / SIF media prescribed in the Ph.Eur. are much higher than
- 130 physiologically relevant values.
- 131 Justified enzyme concentrations should be used when the enzymes constitute part of the dissolution
- 132 control mechanism. The use of biorelevant media may improve the correlation to *in vivo* data and may
- 133 detect a potential food effect.
- 134 The volume of medium should preferably ensure sink conditions.
- For formulations having a zero order release kinetics (with or without lag time) a specification of the dissolution rate over time (per cent of label claim per hour) for a given interval may be suitable instead of
- dissolution rate over time (per cent of label claim per hour) for a given interval may be suitable instead of the cumulative amount dissolved at a given time point (see also section 2.2). For this type of product, a
- 137 the cumulative amount dissolved at a given time point (see also section 2.2). For this type of product, a 138 graphical presentation of the dissolution rate versus time should be additionally presented in order to
- 138 graphical presentation of the dissolution rate versus time should be additionally presented in order to 139 justify that the product can be regarded as a zero-order release formulation. For additional details with
- 139 justify that the product can be regarded as a zero-order release formulation. For additional details with 140 respect to the choice of apparatus, testing conditions, validation/gualification and acceptance criteria,
- respect to the choice of apparatus, testing conditions, validation/qualification and acceptance criteria,
 reference is made to the Ph. Eur.
- - 142 Special attention should be paid to the importance of any variation in the active substance (e.g. particle
- size, polymorphism), release controlling excipient(s) (e.g. particle size, gelling properties) or
- 144 manufacturing process.
- 145 The assay method of the active ingredient in dissolution samples should be validated according to the
- 146 relevant ICH guidelines "Validation of analytical procedures" and "Validation of analytical procedures:
- 147 Methodology", with special attention to the stability of the active ingredient dissolved in the medium and
- 148 effects from the excipients.
- 149 Identical or, if not possible, comparable test conditions should be used for different strengths of the same150 product.
- 151 Normally in development, individual dosage unit results, the mean value and a measure of variability
- 152 (e.g. standard deviation or 95 % confidence interval) should be presented at each time point. Use of other
- 153 statistical approaches must be justified. Dissolution profiles should be determined for all strengths and, if
- relevant, for any changes in the composition and/or manufacturing process of the product during
- 155 development.

156 **2.1.4. Discriminatory power of the dissolution test**

- 157 It should be shown that the dissolution test under the chosen test conditions is able to discriminate 158 between batches with acceptable and non acceptable *in vivo* behavior.
- 159 Showing discriminatory power may be achieved in one of the following approaches in order of priority:
- It is best practice to include batches which have failed to show acceptable pharmacokinetic parameters
 in vivo. Based on the dissolution results, meaningful specifications may be set to reject such batches
 due to their dissolution data. This may be supported quantitatively though a validated IVIVC, which
 has been developed under consideration of batches with unacceptable pharmacokinetic parameters;
- In cases where there are no non-acceptable batches available, the dissolution data may be compared to the average results of the pharmacokinetic parameter (point estimates) of the in vivo studies. These data may be compared by checking the rank order of the results;
- If neither of the first two approaches is feasible, the discriminatory power may be shown by
 deliberately varying an attribute of the active ingredient (e.g. particle size distribution), composition
 and/or manufacturing process parameters, in order to produce different in vitro dissolution behavior,
 without generating in vivo data for these batches. However such test procedures may lead to
- 171 over-discrimination, i.e. even batches with acceptable in vivo performance may be rejected by the
- 172 quality control method.

173 **2.1.5. Bioavailability study**

174 A summary of the bioavailability studies should be given. The data should include information on

- 175pharmacokinetics (AUC0 \rightarrow t(last), AUC0 $\rightarrow \infty$, C_{max} , and other relevant parameters; for generic products176also the point estimates and 90% confidence intervals), manufacturing sites and dates, batch sizes and177numbers, formulations and dissolution results of the batches used.
- 178 Bioavailability studies should be performed with batches of 100,000 units or at least 10% of full
- 179 production scale, whichever is greater, unless pivotal clinical studies have been performed with batches of
- 180 this size. In this case bioavailability studies performed with batches of a smaller scale may be sufficient if
- 181 these batches have been produced in a manner representative of the full scale manufacturing process.
- 182 So, for example, if phase II trials (including PK/BA-studies) are conducted at a scale of 15 kg, the pivotal
- 183 clinical trials (no BA data available) at a scale of 60 kg and full production scale is intended to be 600 kg,
- 184 no additional BA-studies at a scale of 60 kg are required.

185 **2.1.6. Comparison of dissolution profiles**

- 186 On several occasions dissolution profiles have to be compared for similarity, e.g. after scale-up or
- 187 changes in composition and/or manufacturing process or in case of a biowaiver for different strengths.
- 188 Similarity of dissolution profiles should be established with at least 12 individual values per time point.
- 189 Consideration should be given to the sampling timepoints and frequency, taking into account the
- 190 physicochemical *in vitro* and *in vivo* characteristics of the active ingredient and the mechanism of release 191 of the drug product.
- 192 In cases where the biowaiver is to be applied for approval of different strengths, if not all strengths of a
- 193 test drug product are compared *in vivo* versus the reference, the dissolution of the other strengths of the
- 194 test product will be compared to the strength of the test product used in the bioequivalence study.
- 195 The profiles should be compared and their similarity may also need to be demonstrated by statistically 196 justified methods using model-independent or model-dependent methods e.g. linear regression of the

197 percentage dissolved at specified time points, statistical comparison of the parameters of the Weibull198 function or calculation of a similarity factor.

199 2.1.7. In vitro-in vivo comparison

200 In vitro dissolution testing is not only important as a necessary quality assurance for batch-to-batch 201 consistency but also to indicate consistency within a batch (i.e. that individual dosage units will have the 202 desired in vivo performance). By establishing a meaningful correlation between in vitro release 203 characteristics and in vivo bioavailability parameters, the in vitro dissolution test can serve as a surrogate 204 marker for in vivo behaviour and thereby confirm consistent therapeutic performance of batches from 205 routine production. The variability of the data should be reported and discussed when establishing a 206 correlation. In general the higher the variability in the data used to generate the in vitro-in vivo 207 correlation (IVIVC), the less confidence can be placed on the predictive power of the correlation.

- An established Level A IVIVC may reduce the number of *in vivo* studies during product development, be helpful in setting specifications and be used to facilitate certain regulatory decisions (e.g. scale-up and post-approval variations). Therefore, an attempt to develop such an IVIVC should be considered by the applicant. Furthermore, establishment of a Level A IVIVC gives confidence in the use of dissolution
- testing as a change control tool.
- 213 Validation of a Level A IVIVC involves showing that it is sufficiently predictive. A Level A IVIVC is
- 214 established based for example on a deconvolution technique, in which *in vivo* absorption or *in vivo*
- 215 dissolution can be predicted from *in vitro* data and not C_{max} and AUC (detailed in Annex 2). A validated
- 216 Level A IVIVC allows the use of the associated *in vitro* dissolution test as a surrogate for an *in vivo* study,
- as the resulting *in vivo* concentration-time profile can be predicted using the *in vitro* dissolution data and
- the IVIVC equation. Implicit in this approach is that (1) such an IVIVC can only be reliably used for
- interpolation (explained below) and (2) a single IVIVC model must be applicable to all formulations used in its development and validation.
- Note that an IVIVC cannot serve as a basis for claiming bioequivalence between products from different
 MA applicants, based on *in vitro* data only.
- An IVIVC model should be used for interpolation within the range of data used in its development, rather than extrapolation outside of the range over which it is known to apply. This principle is particularly important for regulatory applications, such as justification of dissolution specification and biowaivers.
- 226 This has important implications for the choice of formulations to be included in an IVIVC study.
- It is generally recommended to use formulations with widely varying *in vitro* dissolution profiles for IVIVC development and validation, since utilising formulations with only small differences in their *in vitro* dissolution profiles will limit the scope for widening of the specification range and the range for which a biowaiver can be justified. However, it is acknowledged that different release mechanisms or other
- biopharmaceutical factors may come into play at the formulation extremes, impacting on the relationship
- between *in vitro* and *in vivo* drug release and precluding generation of a single IVIVC equation which
- describes the behavior of all formulations within the range proposed for a biowaiver. Therefore,
- formulations should be chosen such that the same release mechanism is likely to control both the *in vitro*
- and *in vivo* release of drug. This will tend to limit the range of *in vitro* dissolution profiles used in practice
- 236 for IVIVC development and validation.
- 237 If an extreme formulation (i.e. one with the fastest or slowest *in vitro* dissolution of the formulations used
- in the IVIVC) is subsequently chosen for further development, it is advisable to extend the IVIVC
- validation range by generating *in vivo* data for another formulation (yet faster or slower, as the case may

be) and using these data for external validation of the existing IVIVC or for redevelopment and validation of a new IVIVC.

242 2.2. Setting specifications

243 The specification should be set using a discriminatory dissolution test.

In general, a minimum of three points should be included in the specification on *in vitro* dissolution of an

oral prolonged release product: an early time point to exclude dose dumping and/or to characterise a

loading/initial dose (typically 20 to 30% dissolved), at least one point to ensure compliance with the

- shape of the dissolution profile (around 50% dissolved) and one to ensure that the majority of the activesubstance has been released (generally more than 85% dissolved i.e. Q=80 %).
- 240 Substance has been released (generally more than 85% dissolved i.e. Q=80 %).
- 249 For drug products showing a zero order release a specification of the dissolution rate/time for a given time
- interval may be more appropriate than the cumulative amount dissolved at a distinct time point. In cases
- where a zero order release kinetic is combined with a variable lag time, such a specification is mandatory.
- The acceptable variation allowed around each time-point (upper and lower limits), can be determined indifferent ways:
- 254 a. No IVIVC:

255 The tolerance limits may be derived from the spread of *in vitro* dissolution data of batches with

demonstrated acceptable *in vivo* performance (biobatch(es)), or by demonstrating bioequivalence

- between batches at the proposed upper and lower limit of the dissolution range (the so-called"side-batch" concept).
- Normally, the permitted range in release at any given time point should not exceed a total numerical difference of $\pm 10\%$ of the labelled content of active substance (i.e. a total variability of 20%: a requirement of $50\pm10\%$ thus means an acceptable range from 40-60%), unless a wider range is
- 262 $\,$ supported by a bioequivalence study or a validated IVIVC.
- 263 b. Established Level A IVIVC:
- 264 The specification should be set using a discriminatory dissolution test. A validated Level A IVIVC allows 265 in vitro dissolution data (in this case, proposed rather than observed data) to be used as a surrogate to an 266 in vivo study of formulations at the proposed dissolution specification limits. Dissolution profiles are 267 generated from the proposed limits using an appropriate mathematical function (Weibull function, Hill, etc. 268 as justified by the behaviour of formulations tested during product development) or, normally less 269 usefully, based on release at different time points. The entire plasma concentration-time profile is 270 calculated for the proposed upper and lower dissolution limits and the observed in vitro dissolution data 271 for the to-be-marketed (reference) formulation utilising the validated IVIVC. The corresponding C_{max} 272 and AUC values are calculated for the proposed lower and upper limits and the reference formulation and 273 the ratios calculated (upper to lower, upper to reference and lower to reference).
- 274 The guiding principle of specification setting is that all batches within the lower and upper dissolution 275 specification limits should be bioequivalent to one another. When bioequivalence is based on in vivo 276 data, the acceptance range for the maximum difference in comparative data is 80-125%, based on 277 confidence intervals around the mean C_{max} and AUC. Although some methods of IVIVC analysis quantify 278 biological variability (and allow prediction of confidence intervals), most methods predict mean 279 concentration-time data only. Therefore, for BE predicted based on mean data (by use of dissolution 280 data in lieu of in vivo data and supported by an IVIVC), the criteria for BE limits must necessarily be 281 tighter i.e., the difference between the C_{max} and AUC for the mean in vivo concentration-time data 282 predicted for the upper and lower dissolution specification must be less than 20%. Limits based on a

- difference greater than 20% between the predicted C_{max} and AUC for the upper and lower dissolution
 specifications must be justified.
- 285 For drugs that are absorbed throughout the gastrointestinal tract, the AUC is often similar for
- 286 formulations of widely varying dissolution rates and the specification is driven by C_{max}, rather than AUC.
- 287 In this case, the advantage of utilising an IVIVC for specification setting is that limits wider than +/- 10%
- in cumulative dissolution at particular time points may be possible, as not every time point has the same
- 289 impact on C_{max} . The sensitivity of C_{max} to changes in dissolution depends on the pharmacokinetic
- 290 properties of the drug (the shorter the half-life the greater the sensitivity to changes in dissolution) and
- the shape of the IVIVC relationship (i.e., whether *in vitro* or *in vivo* dissolution is faster).

292 2.3. Control strategy

- 293 General regulatory guidance on the establishment and justification of a control strategy for the drug
- product is given in other relevant guidelines. Particular attention should however be paid to the control ofdrug release from modified release drug products.
- Pharmaceutical development should establish the link from pharmacokinetic parameters through *in vivo* drug release to *in vitro* dissolution rate.
- In an enhanced pharmaceutical development environment, compliance with the dissolution requirementcould be demonstrated by real time release testing (see
- 300 Guideline on Real Time Release Testing EMA/CHMP/QWP/811210/2009-Rev1). As the drug release rate
- 301 may be susceptible to scale-up effects, it is particularly important that the drug release rate prediction 302 algorithm is verified at the commercial scale.

303 2.4. Variations to products

- The supporting data requirements for variations to the Marketing Authorisation will depend upon the significance of the change, whether or not a Level A IVIVC exists and whether or not the dissolution method/limits is to be changed. If bioavailability/bioequivalence data have not been submitted their absence should always be justified.
- 308 When a Level A IVIVC has been established and the release specification is not changed, changes may be 309 accepted on the basis of *in vitro* data, the therapeutic index of the drug substance and predictive
- 310 capability of the IVIVC. In this case, waiver of a bioequivalence study should be based on comparison of
- 311 the predicted plasma concentration-time profiles and associated pharmacokinetic parameters (Cmax,
- AUC and a shape parameter) for the formulations before and after changes, calculated utilising the *in vitro*
- 313 data and the validated IVIVC.
- In general, bioavailability/bioequivalence data are needed for products with an established Level B or C
 correlation or no IVIVC, unless justification is provided for absence of such data.

316 **3. Delayed release dosage forms**

- 317 Several delayed release dosage forms have been identified by the Ph.Eur.: gastro-resistant capsules,
- tablets and granules. In this section, specific guidance is provided for gastro-resistant dosage forms.
- 319 Products based on other principles can also often be classified as delayed release dosage forms, including
- 320 those designed to release in a specific area of the gastrointestinal tract in response to a specific trigger
- 321 (e.g. enzymes) or at a specific time after ingestion. Although the principles described herein for the
- 322 pharmaceutical development, specifications and control strategy are also generally relevant for other

- delayed release dosage forms, specific guidance for those dosage forms would have to be developedbased on the relevant formulation principle and mechanism of release.
- Note that in addition to the points addressed below, many of the principles discussed under paragraph 2are also relevant to delayed release dosage forms.

327 3.1. Development pharmaceutics

- 328 A summary of the bioavailability studies should be given. The data should include information on
- pharmacokinetics (AUC0 \rightarrow t(last), AUC0 $\rightarrow \infty$, C_{max}, and other relevant parameters; for generic products also the point estimates and 90% confidence intervals), manufacturing sites and dates, batch sizes and numbers, formulations and dissolution results of the batches used.
- The rationale for the delayed release should be given, e.g. the protection of the gastric mucosa, the protection of the active substance against the influence of acidic gastric medium or intended release of the active substance in a predefined segment of the gastro-intestinal tract for local treatment, etc.
- The mechanism of release and choice of the excipient(s) responsible for the delayed release should be discussed e.g. targeting release at a given pH, susceptibility to enzymatic attack, erosion with time etc.
- 337 Pharmaceutical development should establish the link from pharmacokinetic parameters through *in vivo*338 drug release to *in vitro* dissolution rate.
- In principle two different types of formulations can be distinguished for delayed release products withrespect to the behaviour in the stomach:
- single unit non-disintegrating dosage forms;
- disintegrating dosage forms containing multiple units of pellets.
- The development of single unit non-disintegrating gastroresistant dosage forms is generally discouraged for gastroresistant products since their residence time in the stomach is unpredictable and in general longer than disintegrating dosage forms which contain multiple units of pellets. Therefore, such single
- unit non-disintegrating dosage forms are liable to a higher risk of dose-dumping and/or erratic
 - 347 concentration profiles.
 - $348 \qquad \text{If the SmPC requires the co-administration with food or does not exclude the co-administration with food,}\\$
 - 349 gastro-resistance should also be tested at a higher pH (e.g. in the range 3-5) for both single unit
 - 350 non-disintegrating and disintegrating dosage forms with multiple units to determine resistance to release
 - 351 in the fed stomach. Most meals will temporarily buffer the pH in the stomach to 3 or above, so pH 2 would
 - not be a sufficiently challenging test.

353 3.2. Setting specifications

- 354 At least two points should be included in the specification on *in vitro* dissolution of a gastroresistant
- 355 product: an early time point to exclude release in the acidic medium (less than 10% dissolved after 2
- hours) and one to ensure that the majority of the active substance has been released in a (near) neutral
- 357 medium (see Ph. Eur.) It is emphasized that gastroresistance must be demonstrated for two hours or
- 358 more. With regard to acceptance criteria for continued testing, reference is made to the Ph. Eur..

359 3.3. Control strategy

- Regulatory guidance on the establishment and justification of a control strategy for the drug product is provided elsewhere. Particular attention should be paid to the control of critical guality attributes that are
- 361 provided elsewhere. Particular attention should be paid to the control of critical quality attributes that are 362 responsible for the delayed drug release, e.g. the integrity of a gastro-resistant coating.
- 363 Pharmaceutical development should establish the link from pharmacokinetic parameters through *in vivo*
- 364 drug release to *in vitro* dissolution rate. In an enhanced pharmaceutical development environment,
- 365 compliance with the dissolution requirement could be demonstrated by real time release testing (see
- Guideline on Real Time Release Testing EMA/CHMP/QWP/811210/2009-Rev1). As the principle for
- 367 controlling the drug release in a delayed release dosage form may be susceptible to scale-up effects, it is
- 368 particularly important that the design space is verified at the full commercial scale.

369 3.3 Variations to products

- 370 Since the *in vitro* test on gastro-resistance for delayed release dosage forms is considered relevant to the
- 371 *in vivo* situation, changes in the excipients responsible for delayed release in such products can be
- 372 supported by *in vitro* data only, where justified. Profiles of release after gastro-resistance testing should
- of course be unchanged.

374 **ANNEX 1**

375 Glossary

- 376 Biobatch:
- 377 Batch used in a bioavailability/bioequivalence study or in clinical testing showing acceptable
- 378 performance; the size of this batch is at least pilot scale, i.e. for oral solid dosage forms at least 10 % of
- 379 full production scale or 100.000 units, whichever is larger

380 <u>Conventional release dosage form:</u>

- 381 Preparations showing a release of the active ingredient which is not deliberately modified by special382 formulation and/or manufacturing method. In case of a solid dosage form, the dissolution profile of the
- active ingredient depends essentially on the intrinsic properties of the active ingredient.
- 384 Equivalent term: Immediate release dosage form
- 385 <u>Convolution</u>:
- 386 Prediction of plasma drug concentrations using a mathematical model based on the convolution integral,
- 387 e.g. the following convolution integral may be used to predict plasma concentration (c(t)) resulting from
- 388 the absorption rate time course (rabs); The function $c\delta$ represents the concentration time course that
- would result from the instantaneous absorption of a unit amount of drug and is typically estimated fromi.v. bolus data:
- 391 $c(t) = \int 0 t c \delta (t-u) rabs (u) du$
- 392 <u>Deconvolution</u>:
- 393 Estimation of the time course of drug input (usually *in vivo* absorption or dissolution) using a
- 394 mathematical model based on the convolution integral; e.g. the absorption rate time course (rabs) that
- resulted in the plasma concentration (c(t)) may be estimated by solving the following convolution integral
- 396 for rabs. The function $c\delta$ represents the concentration time course that would result from the
- instantaneous absorption of a unit amount of drug and is typically estimated from i.v. bolus oral solution,
- 398 suspension or rapidly releasing immediate release dosage forms data:
- 399 $c(t) = \int 0 t c \delta (t-u) rabs (u) du$
- 400 Delayed release dosage form:

401 Modified release dosage forms showing a release of the active ingredient which is delayed. Delayed 402 release is achieved by special formulation design and/or manufacturing method. The release of the active 403 substance is delayed for a predefined period after administration or application of the dosage form and 404 then releases as a conventional dosage form resulting in a lag time without any change in other

- 405 pharmacokinetic parameters.
- 406 External predictability:
- 407 Evaluation of predictability using a new data set then the ones on which the IVIVC is established (how well408 predicts the model the data)
- 409 Internal predictability:
- 410 Evaluation of predictability using the initial test data set on which the IVIVC is established (how well 411 describes the model the data used for establishing the IVIVC.
 - Guideline on quality of oral modified release products EMA/492713/2012

- 412 <u>Mean absorption time:</u>
- 413 Time required for drug top reach systemic circulation from the time of drug administration = mean time 414 involved in the *in vivo* release and absorption processes as they occur in the input compartment:
- 415 $MAT = MRT_{oral} MRT_{i.v.}$
- 416 Mean *in vitro* dissolution time:
- 417 The mean time for a drug to dissolve *in vitro*:

418 $MDT_{vitro} = \int 0^{\infty} (M^{\infty}-M(t))dt$

419

420 Mean *in vivo* dissolution time:

421 The mean time for a drug to dissolve *in vivo*:

M∞

- 422 $MDT_{solid} = MRT_{solid} MRT_{solution}$
- 423 <u>Mean *in vivo* residence time:</u>
- 424 The average time for a drug to reside in the body:
- 425 MRT = AUMC/AUC
- 426 <u>Modified release dosage forms:</u>
- 427 Preparations where the rate and/or place of release of the active ingredient(s) is different from that of the
- 428 conventional dosage form administered by the same route. This deliberate modification is achieved by
- 429 special formulation design and/or manufacturing method. Modified release dosage forms include
- 430 prolonged release, delayed release, pulsatile release and accelerated release dosage forms.
- 431 (It should be noted that pulsatile and accelerated release dosage forms are not covered by the current432 guideline)
- 433 <u>Percent prediction error:</u>
- 434 %PE = [(observed value predicted value) / observed value] x 100
- 435 <u>Prolonged release dosage forms:</u>
- 436 Modified release dosage forms showing a slower release than that of the conventional release dosage
- 437 form administered by the same route. Prolonged release is achieved by special formulation design/and/or
- 438 manufacturing method.
- 439 Equivalent term: extended release dosage form
- 440 <u>Release controlling excipient:</u>
- 441 Excipient with determining effect on the release of the active substance
- 442 <u>Side batch:</u>
- 443 Batches representing the intended upper and lower *in vitro* release specification derived from the defined
- 444 manufacturing process by setting process parameters within the range of maximum variability expected
- 445 from process validation studies

- 446 <u>Sink conditions:</u>
- 447 May be assumed if the amount of substance in solution at the end of the dissolution test does not exceed448 30% of the saturation concentration
- 449 <u>Statistical moments:</u>
- 450 These are parameters that describe the characteristics of the time courses of plasma concentration (area,
- 451 mean residence time and variance of mean residence time) and of urinary excretion rate (Journal of
- 452 Pharmacokinetics & Biopharmaceutics, vol 6(6), 547, 1978)
- 453 <u>Zero order release</u>
- 454 The drug release rate is independent of time.

455 **ANNEX 2**

456 **1**. *In-vivo* - *in-vitro* correlations (IVIVC)

457 A number of techniques may be employed in order to establish an IVIVC. The following levels can be458 defined:

459 <u>Level A:</u> representing a point-to-point relationship between the *in vitro* dissolution curve of the product

460 and the *in vivo* dissolution curves generated by deconvolution of plasma level data (Wagner-Nelson,

- 461 Loo-Riegelman, numeric deconvolution) or by other appropriate methods (e.g., modeling approaches 462 based on convolution or differential equations using average data or population pharmacokinetic
- 463 modeling).
- 464 <u>Level B:</u> representing a one point relationship between: a) the mean *in vitro* dissolution time of the 465 product and either the mean *in vivo* residence time or the mean *in vivo* dissolution time by using the
- 466 principles of statistical moment analysis; or b) the *in vitro* dissolution rate constant versus the absorption
 467 rate constant derived.
- 468 <u>Level C:</u> representing a one point relationship between the amount dissolved *in vitro* at a particular time
- 469 and one mean pharmacokinetic parameter, e.g. AUC, C_{max} or T_{max} ; if one or several pharmacokinetic
- parameters correlate to the amount of drug dissolved at several time points of the dissolution profile, amultiple Level C correlation has been established.

472 **2. Developing an IVIVC**

473 2.1. Level A

474 Recommendations and considerations around the design of an IVIVC study and subsequent IVIVC data 475 analysis can be found in Section II of this Note for Guidance (Pharmacokinetic and Clinical Evaluation; 476 CPMP/EWP/280/96 Corr). Generally, two or more formulations with sufficiently different dissolution 477 profiles and an appropriate reference formulation (for the purpose of deconvolution) with fast drug 478 release (e.g., intravenous administration, oral solution or immediate release formulation) are 479 administered in a cross over study in healthy volunteers. Parent drug levels are quantified as a function 480 of time in blood or plasma. The IVIVC can be modeled directly using plasma concentrations (one step 481 approach) or after deconvolution of the modified release formulation concentration-time profiles relative 482 to the immediate release formulation (two step approach). In order for in vitro dissolution test to serve as 483 a surrogate marker for in vivo behaviour and to be used as a change control tool normally a level A IVIVC 484 is required.

485 Initial testing of the formulations in a variety of different dissolution tests/conditions at the time of 486 product release allows identification of the dissolution test that provides the most suitable discrimination. 487 The in vitro dissolution testing time points for the formulations used in the IVIVC study should be of 488 sufficient frequency to fully characterise the dissolution profile, including the plateau (e.g., three 489 consecutive points differing by less than 5%). Fewer time points may be chosen for QC testing, but the 490 converse is not true: QC time points are not appropriate for the *in vitro* component of the IVIVC data set 491 since (1) sparse data may not allow accurate interpolation between points and (2) sampling stopped prior 492 to reaching a plateau translates into incomplete drug release and compromises IVIVC validation.

493 2.2. Level B and C

Generally, level B and C correlations are not useful for supporting major variations in the composition or
 manufacturing process of the product but in setting specifications, multiple level C correlations could be
 supportive.

497 A multiple level C correlation is developed through if a linear correlation can be established based on a 498 minimum of on the one hand three time points, between the amount dissolved at three or more 499 timepoints or three MDT's and on the other hand the corresponding AUC and, C_{max} for a number of 500 formulations with different in vitro dissolution rate profiles, MRT or any other suitable pharmacokinetic 501 parameter (multiple level C), in vitro data can be used to predict in vivo performance. It should be noted 502 that if a multiple level C correlation is achievable, then also the development of a Level A correlation is 503 feasible. A Level A IVIVC allows prediction of the entire plasma concentration-time profile (giving 504 valuable insight into the shape of the profile and time of maximum concentration) in addition to summary 505 pharmacokinetic parameters, such as C_{max} and AUC, while only the summary pharmacokinetic 506 parameters are predicted from a multiple level C correlation. As such, a Level A is the preferred approach. 507 Additionally, it should be noted that if a multiple level C correlation is achievable, a Level A correlation is 508 likely to be feasible.

509 **3**. Evaluating the predictability of an IVIVC

- 510 In view of the use of an IVIVC as a surrogate marker for *in vivo* performance, it should be verified that the
- 511 predictability of the *in vivo* performance of a product based on its *in vitro* dissolution profile is valid for the
- 512 *in vitro* dissolution rates covered by the IVIVC. This evaluation should focus on the estimation of the
- $513 \qquad \text{predictive performance or, conversely, prediction error.}$
- 514 In this evaluation, two basic concepts are important:
- 515 the less data available for development and evaluation of the IVIVC, the more additional data needed for 516 the complete evaluation of the predictability of the IVIVC
- 517 the formulations studied should differ adequately in release rate (e.g. \geq 10% dissolved) resulting in 518 substantial difference in the pharmacokinetic parameters of interest.
- 519 Methodology and reporting of predictability analysis are further discussed in Note for Guidance on
- 520 Modified Release Oral and Transdermal Dosage Forms: Section II (Pharmacokinetic And Clinical
- 521 Evaluation); CPMP/EWP/280/96 Corr).