

*Regulatory experience in  
application of modelling  
in dose selection*

**Elisabeth Rook, MEB-CBG, The Netherlands**

**EMEA WORKSHOP ON MODELLING IN  
PAEDIATRIC MEDICINES**

**14-15 April 2008**

# *Pediatric Applications based on M&S*

- First in pediatrics:
- Search for therapeutic window: PK-PD models, empiric models (interactions)
- Target range extrapolated from adults: e.g anti-infective agents
  
- Extension of an approved age-range
  
  
- Changes in formulation (strength)
  - **Combivir example**
  - **Telzir example**

# *Example change in formulation:*

## *\*Combivir®*

- Combivir: lamivudine + zidovudine (150/300 mg), BID
- Till September 2007, only available for adults and adolescents
  
- For pediatric patients, only oral solutions of the separate substances were available

*Benefits:* allow precise dosing, easy to swallow

*Drawback:* compliance ('pill-load', large volumes for older children), hygienics/storage conditions challenge in resource-poor settings.

PEG: even young children may prefer solid formulations

- On request of the WHO/EMEA (PEG) /FDA: development of a fixed combination product for children
  
- \*For details see EPAR Combivir; [www.emea.europa.eu](http://www.emea.europa.eu)



# *Challenges for developing fixed combination*

- Similar age range: 3 months-12 years

Different dose recommendations:

- Zidovudine: 360-480 mg, divided over 3-4 doses day, based on BSA
- Lamivudine: 4 mg two times daily (BID), based on kg BW

# *Strategy*

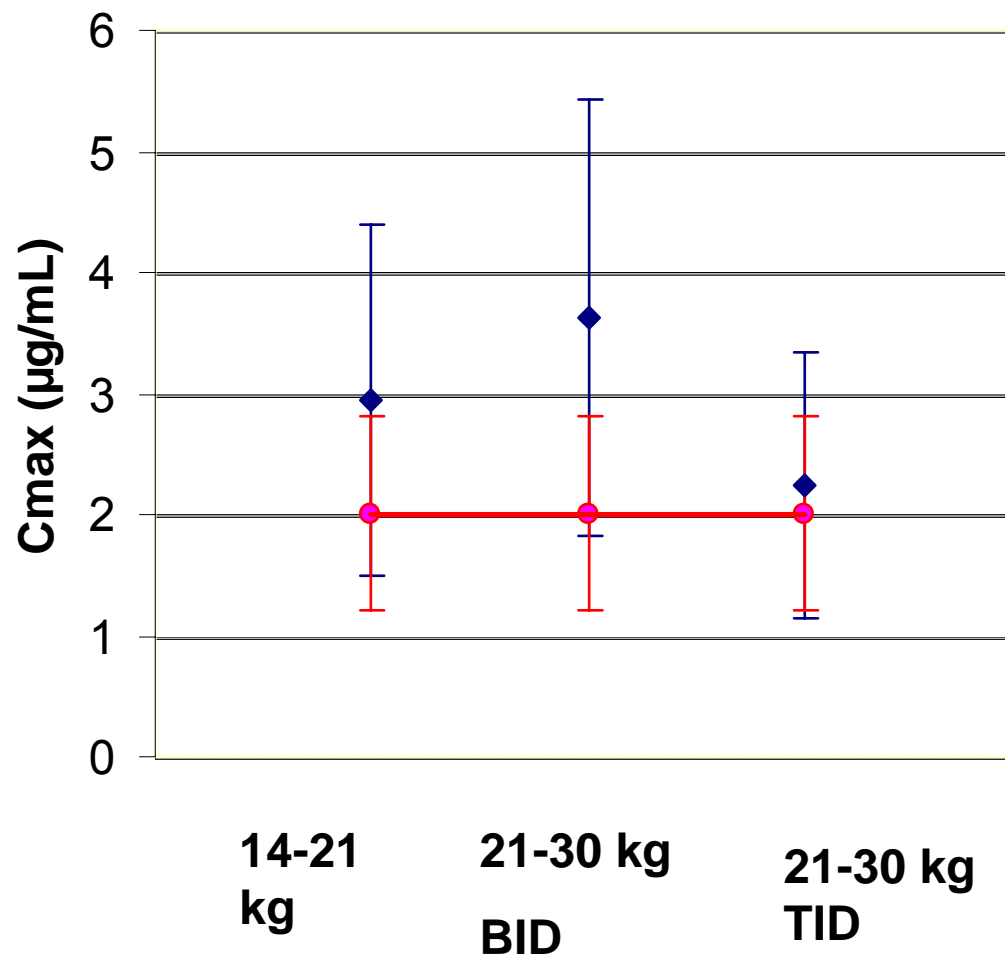
- Make use of the existent Combivir® tablet
- Twice daily schedule
  - Zidovudine AUC/Cmax BID in same range as AUC/Cmax TID (N=6)
  - PENTA trials: evidence that zidovudine BID works as well as TID
  - Rather intracellular concentration than plasma levels relevant for efficacy
- Per kg BW range
  - For convenience reasons (EMA NfG HIV products)
  - Fit BSA\* range to kg BW, based on US general population database
- Simulation of different dosing regimens
  - Based on PK model of TID regimen in pediatric patients (>300 patients)
- \*(Mosteller equation)

## *From flexible to fixed dose:*

- Below 14 kg: **fixed dose (LMV/ZDV 150/300 mg) not feasible, >> 33% overdose (7kg: 300% regular ZDV dose)**
- Between 14-21 kg: 1 tablet a day (LMV fixed /kg: +33% to -7%)
- Between 21-30 kg: **not feasible, either over- or underdose**
- >30 kg (lowest 5% of 12 years old): like adolescents/adults, 1 tablet BID

- A scored tablet was developed:
- < 14 kg no tablets: agreed, typical 2-3 years old
- Between 14-21 kg: 0.5 tablet BID
- Between 21-30 kg: 0.5 tablet morning, 1 tablet evening

# *Simulated C<sub>max</sub> (SD) zidovudine*



**Adult reference value**

# *Labelling*

- EMEA accepted the Combivir paediatric labelling September 2007 under conditions of:
- pro-active pharmacovigilance every 6 mths (choking, safety related high Cmax zidovudine)
- Reporting results of ARROW-study in Africa
- Education program considering inhomogeneous dosing
  
- LABELLING:
- This dose advice is merely based on PK modelling
- 14-30 kg: Overexposure of zidovudine may occur: safety monitoring
- 1 + ½ tablet: in case of gastrointestinal intolerance: ½ tablet  
TID



# *#Telzir (fosamprenavir)*

$\frac{c \ B \ G}{M \ E \ B}$

- Pro-drug of amprenavir (protease inhibitor)
- Amprenavir not suitable for children < 4 years
- Fosamprenavir has considerable less volume, less propylene glycol, no vitamine E
- Request: dose development for children

#Data presented available on EMEA website, EPAR Telzir

# *Fosamprenavir: Dose finding studies:*

- Stratified 3 different age groups: 2-5, 6-11, 12-18 y
- 5 Different dose regimens:
  - low per kg (15 BID and 30 QD),
  - high per kg (18 BID),
  - fixed adult (700 BID and 1400 QD) > 40 kg BW
- Data-rich PK + sparse-sampling (C<sub>min</sub>) from clinical trial
- PK analyses: both non-compartmental (data rich) + population PK model (including all subjects)

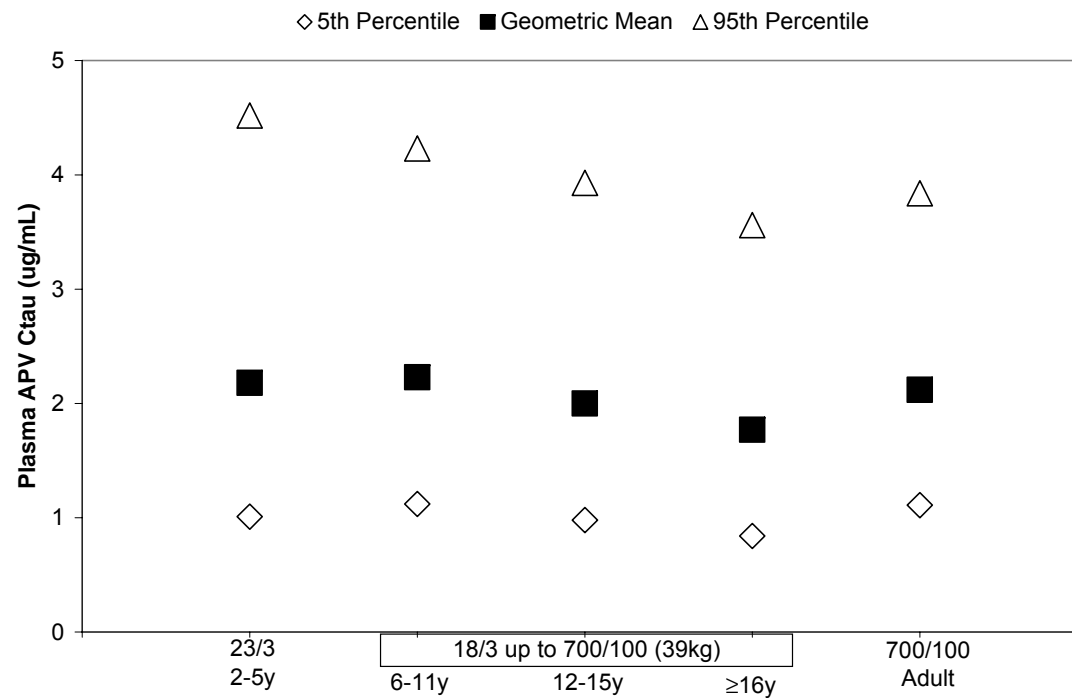
# *Participants*

FPV/RTV Regimens (N=106) <sup>1</sup>						
FPV/RTV BID	PK Profile <sup>2</sup>			C <sub>τ</sub> <sup>2</sup>		
	6 to 11y	12 to 18y		6 to 11y	12 to 18y	
FPV/RTV 15/3mg/kg BID	10	4		16	9	
FPV/RTV 18/3mg/kg BID	9	0		17	2	
FPV/RTV 700/100mg BID	3	8		4	24	
FPV/RTV QD	PK Profile			C <sub>τ</sub>		
	2 to 5y	6 to 11y	12 to 18y	2 to 5y	6 to 11y	12 to 18y
FPV/RTV 30/6mg/kg QD	10	10	3	15	15	10
FPV/RTV 1400/200mg QD	NA	0	3	NA	1	19

Source: EPAR

# Results

- Comparison with adult reference values:
- Best fit for children **6-11y**: high BID dose level (18 mg/kg)
- Best for **adolescents**: adult dose (20% underexposure, but good clinical response)



CBG-MEB

# *Fosamprenavir: children 2-6*

- For children **2-5 year** old, only limited PK data were available of single low dose (30 mg/kg): 30% underdosing, leading to clinical failures
- Best fit for children 2-5y according M&S: 23 mg/kg BID
- Proposed dose adjustment: 20 mg/kg (because of observed non-linear AUC increment after dose-step 15 to 18 mg in older children)
- Pilot study in infants < 2 years: dose finding failed, doses up to 45 mg/kg not sufficient!
- Dose proposal for 2-5 y not accepted, further studies awaited
- Recommendation: interim-analysis 20 mg/kg study or study-arm 23 mg/kg

# *Closing remarks*

$\frac{c \ B \ G}{M \ E \ B}$

These examples show that

- Benefits of M&S in pediatrics are acknowledged by regulators (Sparse sampling, flexible design, making optimal use of available data)
- Doses actually not tested could be accepted based on simulations (provided that model is well validated, the proposed dose adjustments seem reasonable, and there is sufficient evidence for safety/efficacy of the target levels )
- M&S can not solve everything (high variability, low absorption)