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EMA/HMPC/712511/2014
Committee on Herbal Medicinal Products (HMPC)

European Union herbal monograph on *Epilobium angustifolium* L. and/or *Epilobium parviflorum* Schreb., herba

Draft

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Rediscussion in MLWP	
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BG (bulgarski): CS (čeština): vrbovková nať DA (dansk): DE (Deutsch): Weidenröschenkraut EL (elliniká): EN (English): willow herb ES (español): Epilobio, partes aéreas de ET (eesti keel): FI (suomi): FR (français): HR (hrvatski): HU (magyar): Kisvirágú fűzike IT (italiano):	LT (lietuvių kalba): LV (latviešu valoda): MT (Malti): NL (Nederlands): PL (polski): PT (português): RO (română): SK (slovenčina): SL (slovenščina): Vňat' vrbovky SV (svenska): IS (islenska): NO (norsk):
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European Union herbal monograph on *Epilobium angustifolium* L. and/or *Epilobium parviflorum* Schreb., herba

1. Name of the medicinal product

To be specified for the individual finished product.

2. Qualitative and quantitative composition¹

Well-established use	Traditional use
	With regard to the registration application of Article 16d(1) of Directive 2001/83/EC as amended <i>Epilobium angustifolium</i> L. and/or <i>Epilobium parviflorum</i> Schreb., herba (willow herb) i) Herbal substance Not applicable. ii) Herbal preparations Comminuted herbal substance

3. Pharmaceutical form

Well-established use	Traditional use
	Comminuted herbal substance as herbal tea for oral use. The pharmaceutical form should be described by the European Pharmacopoeia full standard term.

4. Clinical particulars

4.1. Therapeutic indications

Well-established use	Traditional use
	Traditional herbal medicinal product for the relief of lower urinary tract symptoms related to benign prostatic hyperplasia after serious conditions have been excluded by a medical doctor. The product is a traditional herbal medicinal product for use in the specified indication

¹ The declaration of the active substance for an individual finished product should be in accordance with relevant herbal quality guidance.

Well-established use	Traditional use
	exclusively based upon long-standing use.

4.2. Posology and method of administration²

Well-established use	Traditional use
	<p>Posology</p> <p><i>Adults and Elderly</i></p> <p>Single dose</p> <p>Herbal tea: 1.5-2.0 g of the comminuted herbal substance in 250 ml of boiling water as a herbal infusion 2 times daily.</p> <p>There is no relevant use in children and adolescents under 18 years of age.</p> <p>Duration of use</p> <p>Long-term use is possible (see section 4.4 'Special warnings and precautions for use').</p> <p>Method of administration</p> <p>Oral use.</p>

4.3. Contraindications

Well-established use	Traditional use
	Hypersensitivity to the active substance.

4.4. Special warnings and precautions for use

Well-established use	Traditional use
	If complaints worsen or if symptoms such as fever, spasms or blood in the urine, painful urination, or urinary retention occur during the use of the medicinal product, a doctor should be consulted.

4.5. Interactions with other medicinal products and other forms of interaction

Well-established use	Traditional use
	None reported.

² <For guidance on herbal substance/herbal preparation administered as herbal tea or as infusion/decoction/macerate preparation, please refer to the HMPC 'Glossary on herbal teas' (EMA/HMPC/5829/2010 Rev.1).>

4.6. Fertility, pregnancy and lactation

Well-established use	Traditional use
	Data on fertility is not available. The use in pregnancy and lactation is not applicable due to the indication.

4.7. Effects on ability to drive and use machines

Well-established use	Traditional use
	No studies on the effect on the ability to drive and use machines have been performed.

4.8. Undesirable effects

Well-established use	Traditional use
	None known. If adverse reactions occur, a doctor or a qualified health care practitioner should be consulted.

4.9. Overdose

Well-established use	Traditional use
	No case of overdose has been reported.

5. Pharmacological properties

5.1. Pharmacodynamic properties

Well-established use	Traditional use
	Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended.

5.2. Pharmacokinetic properties

Well-established use	Traditional use
	Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended.

5.3. Preclinical safety data³

Well-established use	Traditional use
	Not required as per Article 16c(1)(a)(iii) of Directive 2001/83/EC as amended, unless necessary for the safe use of the product. Tests on reproductive toxicity, genotoxicity and carcinogenicity have not been performed.

6. Pharmaceutical particulars

Well-established use	Traditional use
	Not applicable.

7. Date of compilation/last revision

10 March 2015